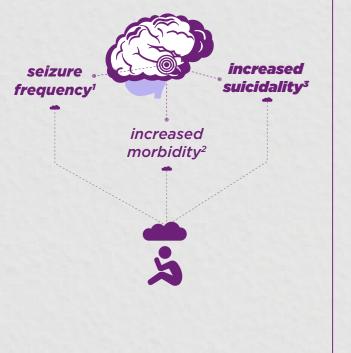
## **DEPRESSION IN PEOPLE WITH EPILEPS**

#### You may know:

Depression in Patients with Epilepsy is frequent and associated with:



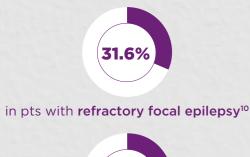
#### Effect of epilepsy treatments on depression

Epilepsy treatments that may have...



### **Epidemiology of depression in PwE**







In pts with epilepsy<sup>11</sup>

Screening increases diagnosis: 10-fold more likely to diagnose depression<sup>12</sup> **Depressive Symptoms:** 



pts with controlled epilepsy<sup>13</sup>

60% pts with drug-resistant epilepsy<sup>14</sup>

of PwE & MDD in epilepsy specialists clinics do not get treated for MDD<sup>15,16</sup>

50-60%

...It takes less than two minutes to screen for MDD in PwE

Neurological Disorders Depression Inventory for Epilepsy (NDDI-E): Developed for PwE

Please input the answer that best describes you within the past two weeks, including today. (Please tick the relevant box)

	How much of the time	Always or Often	Sometimes	Rarely	Never
1	Everything is a struggle	4	3	2	1
2	Nothing I do is right	4	3	2	1
3	Feel guilty	4	3	2	1
4	I'd be better of dead	4	3	2	1
5	Frustrated	4	3	2	1
6	Difficulty finding pleasure	4	3	2	1

Antiepileptic therapies can have positive or negative effects on depression, and therefore should be

Did you know:

**Total Beck** 

values

**Depression Scale** 

No depression

Mild depression

Moderate

depression

Severe depression

**Conclusion:** 

There is a high prevalence of

epilepsy (PWE) and depression

depression and depressive

symptoms in patients with

in PWE is associated

with increased morbidity.

suicidality and

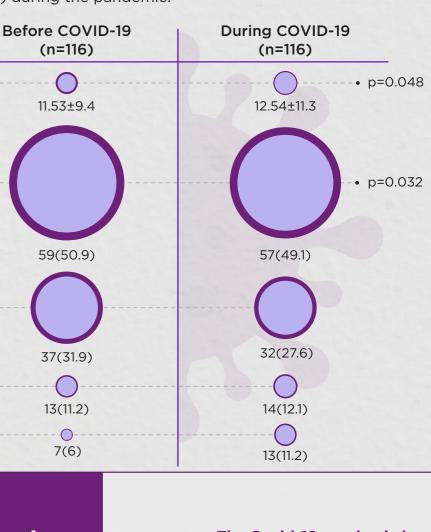
seizure frequency

# 

chosen with this impact on depression in mind in patients with epilepsy to avoid aggravation of depressive symptoms and the detrimental consequences thereof.

View our references here

Download form now



In a cohort of 116 pwE at a epilepsy specialized center BDI scores increased from 11.5 to 12.5 (p < 0.05) during the pandemic.<sup>8,9</sup>

> The Covid-19 pandemic has exacerbated depression and anxiety in PwE.

**4 Key Factors** to Consider

You CAN help: Screening for depression takes less than 2 minutes and can be conducted by any healthcare provider