

Supplementary Table 4: Antiemetic guidelines for acute and delayed chemotherapy-induced nausea and vomiting.²²

Emetogenicity category	Recommended prophylaxis	
	Acute phase (Day 1)	Delayed phase (Days 2-5)
High (non-AC)	5-HT ₃ RA + Dex+NK ₁ RA+/-olanzapine	Dex on Days 2-4*+/-olanzapine
High (AC)	5-HT ₃ RA+Dex+NK ₁ RA+/-olanzapine	None*+/-olanzapine
High-to-moderate (carboplatin)	5-HT ₃ RA+Dex+NK ₁ RA	None*
Moderate (oxaliplatin or anthracycline or cyclophosphamide)	5-HT ₃ RA+Dex	Dex on Days 2 and 3 can be considered
Moderate (other)	5-HT ₃ RA+Dex	No routine prophylaxis
Low	5-HT ₃ RA or Dex or dopamine RA	No routine prophylaxis
Minimal	No routine prophylaxis	No routine prophylaxis

*If aprepitant is used on Day 1, then aprepitant or metoclopramide should be added to the prophylactic regimen in the delayed phase.

AC: anthracycline plus cyclophosphamide; CINV: chemotherapy-induced nausea and vomiting; Dex: dexamethasone; NK₁: neurokinin 1; RA: receptor antagonist; 5-HT₃: 5-hydroxytryptamine-3.