

Citation: EMJ Allergy Immunol. 2023; DOI/10.33590/emjallergyimmunol/10309077. https://doi.org/10.33590/emjallergyimmunol/10309077



# **Current Treatments for HAE Management**

### **Treatment for Acute HAE Attacks**

Current WAO/EAACI guidelines recommend treatment of any HAE attack, regardless of location, to decrease duration and severity.



• Consider patients with HAE-1/2 for self-administration to optimise

- First-line therapies: intravenous C1-INH, ecallantide, or icatibant
- Surgical intervention is recommended in cases of progressive upper airway oedema



### Maintenance Treatment Long-term prophylaxis

 Should be individualised and considered in all patients with HAE-1/2

• LTP should be monitored regularly through PROs

• First-line therapies: plasma-derived C1-INH, lanadelumab, and berotralstat

### Kev:

CI-INH: CI-inhibitor; EAACI: European Academy of Allergy and Clinical Immunology; EMA: European Medicines Agency; FDA: U.S. Food and Drug Administration; HADS: Hospital Anxiety and Depression Scale; HAE: hereditary angioedema; HAE-1: hereditary angioedema Type 1; HAE-2: hereditary angioedema Type 2; PRO: patient-reported outcome; QoL: quality of life; WAO: World Allergy Organization.

**Optimisation of** 

prophylactic treatments

- Zanichelli A et al. The global registry for hereditary angioedema due to C1-inhibitor deficiency. Clin Rev Allergy Immunol. 2021;61:77-83. Longhurst HJ, Bork K. Hereditary angioedema: an update on causes, manifestations and treatment. Br J Hosp Med. 2019;80(7):391-8. Maurer M et al. The international WAO/EAACI guideline for the management of hereditary angioedema—the 2021 revision and update. Allergy. 2022;77(7):1961-90. Mendivil J et al. Clinical characteristics and burden of illness in patients with hereditary angioedema: findings from a multinational patient survey. Orphanet J Rare Dis. 2021;16(1):94.

- Savarese L et al. Psychology and hereditary angioedema: a systematic review. Allergy Asthma Proc. 2021;42(1):e1-7. Radojicic C et al. Patient perspectives on the treatment burden of injectable medication for hereditary angioedema. Allergy Asthma Proc. 2021;41:S4-10.
- Bygum A et al. Disease severity, activity, impact, and control and how to assess them in patients with hereditary angioedema. Front Med (Lausanne). 2017;4:212.
- Ried! MA et al. Physician and patient perspectives on the management of hereditary angioedema: a survey on treatment burden and needs. Allergy Asthma Proc. 2021;42(3):S17-25.

# **An Overview of HAE**

## Prevalence: 1 in every 50,000 people Common HAE swelling sites



## Unmet Needs and Future Considerations

Many developed PROs yet to be approved by FDA/EMA

No validated PRO measures for use in children with HAE **93%** of physicians and **86%** of patients reported satisfaction with current treatment, but would be open to treatments that are easier to administer

94% of physicians and 84% of patients reported a need for more novel treatments

