IURES 2025

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Congress Review

Review of the International Urologic Research Society (IURES) 2025 Congress

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HOSTED AT the Hilton Dalaman Sarigerme Hotel, Muğla, Türkiye, from 6th–9th November 2025, the International Urologic Research Society (IURES) Congress welcomed more than 500 participants, highlighting the continued growth of IURES as a leading organisation in both Turkish and international urology. The Congress provided a platform for clinicians, researchers, and healthcare professionals to exchange knowledge and strengthen professional collaboration.

The opening ceremony began with talks by IURES President Fatih Atuğ, Istanbul Florence Nightingale Hospital, Türkiye; former President M. Öner Şanlı, İstanbul University, Türkiye; and Congress presidents Emre Huri, Hacettepe University, Ankara, Türkiye, and Erdem Canda, Koç University, Istanbul, Türkiye. Their speeches emphasised the Society's commitment to scientific progress, renewal of leadership through the inclusion of younger specialists, and the promotion of cooperative practice. They highlighted that over the 4 days, the Congress hosted 165 scientific presentations, 12 panel sessions, 11 workshops, and four handson training modules. In addition, six live surgery sessions were broadcast, providing participants with real-time exposure to advanced operative techniques and decision-making during complex surgical procedures. The Congress adopted the theme 'Shaping Tomorrow: Emerging Trends in Urology'. Reflecting the Society's continued year-on-year growth, the 2025 programme also incorporated collaboration with several international institutions, including the Société Internationale d'Urologie (SIU), Montreal, Quebec,

Canada, and the American Urological Association (AUA), Linthicum, Maryland, USA, among others.

On Day 1, the programme opened with a focus on urinary stone disease, covering Al integration, sensor-based diagnostics, robotic applications, and advances in laser technology, followed by complication management and practical case discussions. On this day, video-based courses on laparoscopic and robotic surgery were also offered, addressing both upper and lower urinary tract procedures, including complex pelvic surgeries. Additional sessions covered sacral neuromodulation and penile prosthesis implantation, with hands-on training using 3D models to reinforce procedural techniques.

On Day 2, the day began with opening speeches followed by urotechnology discussions and a European Association of Urology (EAU) Robotic Urology Section (ERUS) lecture. A major highlight was the live surgery session broadcast from Koç University Hospital, Istanbul, Türkiye, featuring robotic renal transplantation and nerve-sparing radical prostatectomy. Subsequent sessions focused on urologic

oncology, with presentations on prostate, kidney, and bladder cancer, followed by case reviews. A dedicated course in paediatric urology was also offered, alongside simulator-based urodynamics training. Interactive booth sessions provided updates on robotic innovation, functional urology, and non-oncological case challenges.

On Day 3, educational activities commenced with an informative course on writing scientific articles, followed by a comprehensive functional urology session, including structured debates and videobased discussions. A key highlight of the Congress, and a well-attended session, was the live surgery, which was again featured, this time demonstrating endourologic lithotripsy and robotic prostatectomy.

The International Prostate Forum, a specialist panel dedicated to advancing care in prostate diseases, delivered two highly engaging sessions that drew strong interest from attendees. Running alongside these were focused sessions in andrology and sexual health, which explored both current treatment strategies and the next wave of therapeutic advances. The educational programme continued to emphasise innovation, with courses on Al in urology, fusion biopsy, cosmetic

andrology, and focal therapy, supported by practical 3D model training.

A highlight of the day was the International Societies and Collaborations Joint Meeting, which underscored the Society's ambition to enhance its global presence. Bringing together representatives from different organisations, including the Balkan Association of Urology (BAU), the Egyptian Urological Association (EUA), and the European Youth School of Robotic Technology (EYouSort), the session strengthened international partnerships and reaffirmed IURES's commitment to collaborative progress in urology.

The final day featured practical laparoscopic nephrectomy training, followed by interactive oncology case discussions led by senior faculty and medical trainees. Further case panels addressed non-urological oncology topics, complemented by oral presentation sessions covering original research. Overall, the IURES 2025 Congress concluded as a highly impactful event that combined scientific depth with structured learning and international collaboration. Its organisation strengthened IURES's position as a unifying, forward-looking, and academically driven contributor to the global advancement of urology.

